



**Beautiful
Smiles**



We acknowledge the Noongar people of the
Bibbulmun nation as the traditional custodians
of the land and waters on which we live and work.
We pay our respect to Elders past and present and
honour all Aboriginal and Torres Strait Islanders
as the first people of this nation.

Kalyakoorl Kwadja Be, Kalyakoorl Boorda Be.
Always Was, Always Will Be.

SPELLING & TRANSLATIONS

We acknowledge that the spelling and interpretation of language can vary greatly from community to community.
The translations in this book have been provided by the families that took part, and are personal to them.
A translating service has reviewed languages where required.



It's very important to take care of your beautiful little **smile!**



**In your mouth
There's a beautiful smile
Full of little teeth
Hooray! They shine.**



Scan to hear the **Beautiful Smiles lullaby**
sung in nine different languages, and
discover how to say 'smile' in each of these
languages as you follow along in the book!



This is how
we say
smile...



My family speaks **Punjabi**,
we say **muskurahat**





My family speaks
Malay, we say
senyum

My family speaks **Thai**, we say **yim**





My family speaks **Hindi**,
we say **muskaan**



My family speaks **Gujarati**, we say **smit**

Our family speaks **Italian**,
we say **sorridi**



My family speaks **Māori**, we say **kata**





My family speaks **Noongar**, we say **kar**

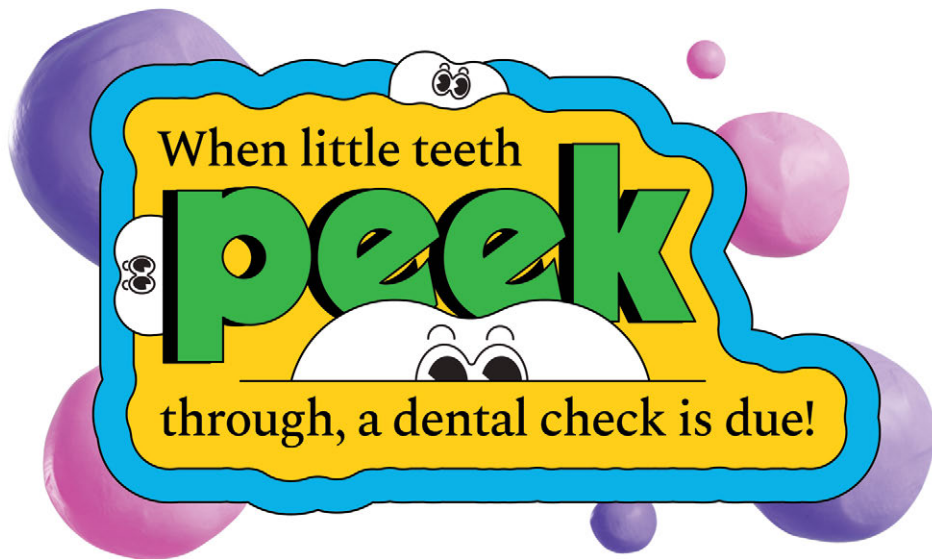
How do you say  **smile?**

My family speaks

We say



Oral health is important, even before your children's teeth start to peek through. Tooth decay can start soon after teeth appear - it can cause pain, difficulty in sleeping and eating problems, but you can help to **stop decay before it starts.**



Regular dental checkups are important for preventing issues not only during childhood, but later in life too. Have your little one's teeth checked as soon as they peek through, and **before they turn two.**



BEAUTIFUL SMILES PROJECT

In 2024, Community Arts Network collaborated with eight families on behalf of Smiling Starts to create the *Beautiful Smiles* lullaby. The project was facilitated by renowned First Nations creatives, Cyndy Moody, Kobi Arthur Morrison and Tace Stevens, and the lullaby was translated into multiple languages by the participating families.

Featuring nine languages, the final lullaby is sung by the families who feature in this book and enables babies to learn and sing along as they grow. We hope you sing this lullaby with your family, celebrating all of your **Beautiful Smiles**.

Visit smilingstarts.health.wa.gov.au for more information on how you can help to stop decay before it starts.



THANK YOU

Commissioned by **Child and Adolescent Health Service** • Produced by **Community Arts Network** •
 Project producer **Niki Davison** • Language and music facilitator **Cyndy Moody** • Songwriting and recording
 facilitator **Kobi Arthur Morrison** • Photographer **Tace Stevens** • Book designer **Rebecca Lyon Augustus** •
 Mastering **Rob Lake** at **Shake Down Studio** • Project support **City of Swan** and **Beechboro Public Library** •
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Axel Giuseppe Nguyen, Tamika Morris, Neveyah Timanus, Marjorie Bromfield, Willow Bromfield

Beautiful Smiles was produced as part of the Smiling Starts program

Smiling Starts is Western Australia's Early Childhood Dental Program; a government-backed program leading the promotion and education of oral health care for all Western Australian children under 5 years of age.

We offer oral health education, advice and care, working with providers and partners to ensure that all young children have a smiling start to their oral health care journey, avoiding problems that need to be treated at the dentist or in hospital.

smilingstarts.health.wa.gov.au

This document can be made available in alternative formats on request for people with disability. Publication number 1693.

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